

The Enliven Housing Option:
A Community Cooperative

My Home, My Funding, Our Cooperative

The Enliven Housing Option...

is ideally suited to someone who has a clear plan about what they want their life to look like. So, if you know:

How you want to live

AND

With whom (if anyone) you want to live

AND

Where you want to live

And you have considered;

- The amount and type of support you need.
- Your own personal goals - what you want to achieve.
- How much funding is included in your NDIS plan.
- Who you want to support you - both formal and informal support arrangements
- What your independence means to you.

An Enliven Housing supported Community Cooperative - might be an option for you.



What Enliven Housing does.

We provide Specialist Disability Accommodation (SDA) apartments for people with disability.

We believe that all people with disability should be afforded the opportunity to live alone, or with someone they choose. To progress this possibility, we have designed a contemporary and innovative housing option that facilitates opportunities for shared support, not shared housing.

Enliven Housing Community Cooperatives enable members of the cooperative, who live near each other, to share the cost of paying for on-site support, helping everyone's funding go further.

The Enliven Housing Model helps members achieve an ordinary life by combining:

1. Specialist Disability Accommodation (SDA)
2. Individual Funding
3. Community Cooperatives (CC)
4. On-site Support (OSS)



1 Specialist Disability Accommodation (SDA)

Enliven Housing is a registered SDA provider.

We provide opportunities for people to live in SDA apartments, which have been specially designed for people with extreme functional impairment or very high support needs.

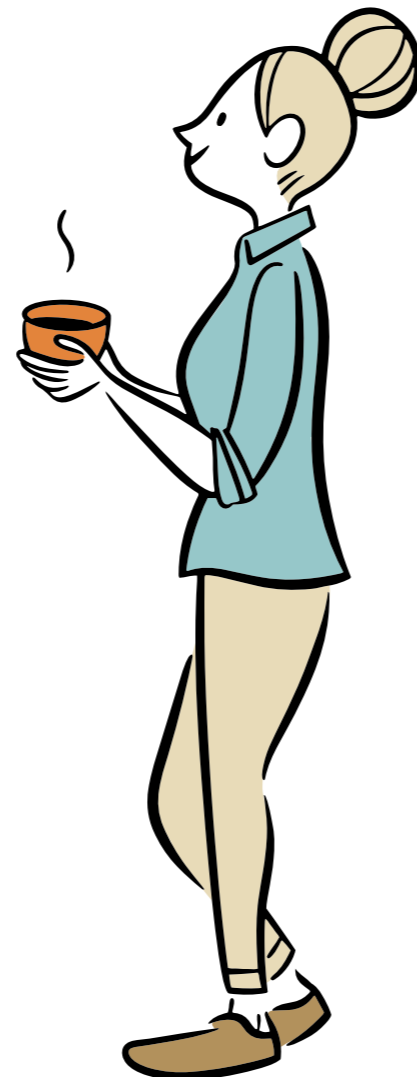
SDA apartments are designed and constructed to specific design briefs to ensure that the property is easily accessible for you and enables you to safely receive

the supports you need. SDA housing is designed to make accessing supports easier. For example, you might need an apartment with reinforced ceilings so you can get a ceiling hoist installed.

Funding for SDA is paid by the NDIS to the SDA provider. This funding is only for the cost of the home or building – basically, it is the bricks and mortar. SDA does not include funding for the services or support you require to live

independently. You will still need to pay rent and other personal and daily living costs.

For more information on Enliven Housing properties visit our website. www.enlivenhousing.com.au



2 Individual Funding

With NDIS individual funding, you are in control.

Individual funding means that you can use your funding to create support arrangements that suit you.

Your support arrangements are developed by you, based on how you want to live your life and the support you want to receive. They

allow you to make your own arrangements for the home you live in and set up supports the best way that suits you.

Family, friends, and other networks can also complement your paid supports.

The Process

The NDIS will develop and fund a budget based on your support needs. This will be determined by the information you and your support coordinator submit to the NDIA.

In most cases, it will be in the form of a functional assessment prepared by an occupational therapist (OT). This describes the disability-related supports you require, addressing:

- your housing needs
- the personal supports you need
- the support you need to participate in your community
- the assistive technology that will help you do what you need to do, as independently as possible

You are tasked with using the money you receive in a way that meets your support needs and life goals. You and your circle of supports will identify, design, develop and negotiate your support arrangements with potential providers and your network of family and friends.

Normally, your support coordinator will assist you in this process. Their role is to create the service agreement, which documents your discussion, signed with the support providers you select.

Your potential support provider does not get involved until after your plan has been agreed with the NDIA. They will need to agree to provide the identified support within the budget you have been provided. There is no need for a quote to be submitted to the NDIA.

The support provider will need to give you a service agreement that clearly describes the type of support they will provide you and how much that support will cost you.

3 Community Cooperatives

As your landlord, Enliven Housing, consider ourselves to be part of your network of support. When you move into an apartment, your home is independent of your formal support arrangements, in that you are not asked to become part of a model of support – there is no Concierge or SIL model of support to fit into, or in fact any ‘model’ of support.

What we do offer is the opportunity to be part of a support cooperative.

A cooperative is a community of people who voluntarily work together to meet a common need. In the case of the Enliven Housing Community Cooperative, the need is for affordable support. Through the

Cooperative sharing of some support resources, the Cooperative makes privacy, autonomy and independence more achievable for everyone.

There is no shared housing, so there are no shared housing decisions to be made. There is however shared support, so there are shared support decisions to be made. The governance mechanism for these decisions to be made is the Community Cooperative

Group homes are the model of shared support that most people are familiar with or have experienced, for many people the experience has not necessarily been positive.

An Enliven Housing Community Cooperative

is not a group home, but a community of people who choose to share on-site support. We see the Community Cooperative as a means of helping you to make your support funding go further.

To live in an Enliven Housing property, you must commit to being a member of the Community Cooperative in your apartment complex.

An Enliven Housing Community Cooperative ensures that you and/or your family and supporters are the decision makers about how supports are shared and what supports are shared.



4 On-site Support (OSS)

Enliven Housing helps Community Cooperative members explore the options available when it comes to choosing the shared on-site support provider and to make the formal arrangements. We are involved to ensure that all members of the Cooperative have a voice, as well as ensure that due process and good governance is applied.

We also participate in the decision making, as we are providing the apartment in which the shared support will be working.

You and your Community Cooperative take the lead in the ongoing shaping and managing of the shared support service arrangements.

The NDIS funds based on individual support needs, the cooperative provides the opportunity for its members to work together to determine what supports will be shared and how these will be shared.

Each member of the Cooperative will individually negotiate what support will be provided for the hourly rate paid. Each member of the cooperative will have their own service agreement and schedule of support with the on-site support provider.

It is like any other cooperative, where people pool their resources to benefit the collective and the individual.

Ideally, most of a participant’s on-site support should be provided by the Community Cooperative’s agreed on-site support provider, because this enables all participants to maximise their funding dollars and support. But that decision rests entirely with the members of the Cooperative.



The Process

The Community Cooperative: A detailed look

While no two Enliven Housing Community Cooperatives are identical, because they are shaped and designed by the individual members - they all make decisions on three key aspects:

1. Selection and management of the on-site support provider
2. Creating windows of support
3. Off-site or additional resource sharing opportunities

1) Selection and management of the on-site support provider

Community Cooperative members collectively manage the selection of the support provider who provides the shared on-site support service. Tenants decide the extent and type of supports that are to be shared through the cooperative.

2) Creating windows of support

- a) Maximising timeframes for one-to-one supports
- b) Sharing interruptible supports in the unlikely event of an emergency
- c) Affording overnight support

Rather than having one-to-one supports for set hours and long periods without support, more innovative and cost-effective way to use your NDIS budget, is to purchase windows of support.

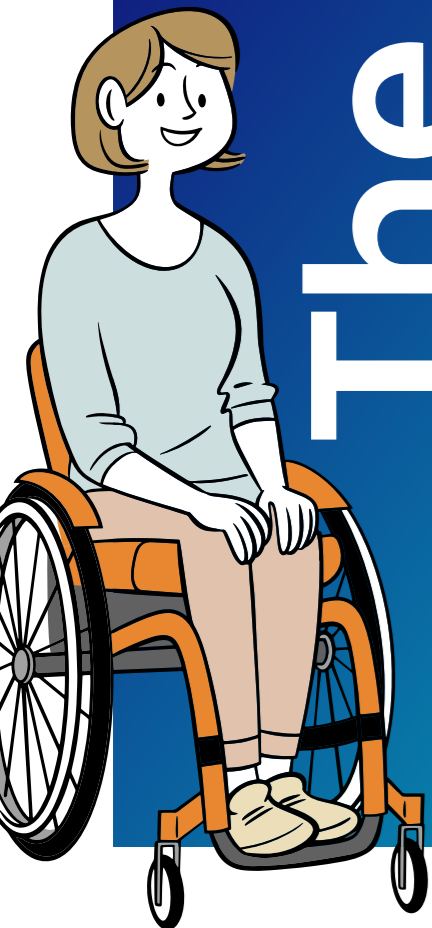
Channelled through the cooperative and provided by the on-site support provider, you will receive all the support you are paying for, but the timing within which you receive this support will be more flexible, i.e. within a window of time, rather than always at the same time.

It can be flexible according to your needs and the needs of other members of the Community Cooperative, such as the need for the support provider to respond to an urgent issue. But it is always done with your input, knowledge and consent.

a) Maximising timeframes for one-to-one supports

We use this term to describe one-to-one task-specific supports that are high risk or require a period of consistent support provision. For example your shower time is your shower time - you just can't share that support with anyone else.

You will not be asked to share one-to-one supports, as these are not interruptible for health and safety reasons. But you may elect to join with others to maximise the time frame in which these supports can be delivered.



One-to-one support is generally funded in blocks to achieve certain tasks and is very time focused.

An example of one-to-one support could be two hours of personal support commencing at 7:00am where the support worker performs the following activities:

- 7:00am wakes you up, assists you out of bed
- 7:15am assists you to use the bathroom and have a shower
- 7:45am prepares your breakfast - puts a load of laundry on
- 8:00am makes the bed, washes up, tidies the lounge
- 8:20am mops and wipes the bathroom
- 8:40am folds and puts away laundry
- 8:50am sits with you to plan the rest of the day's activities
- 9.00am leaves

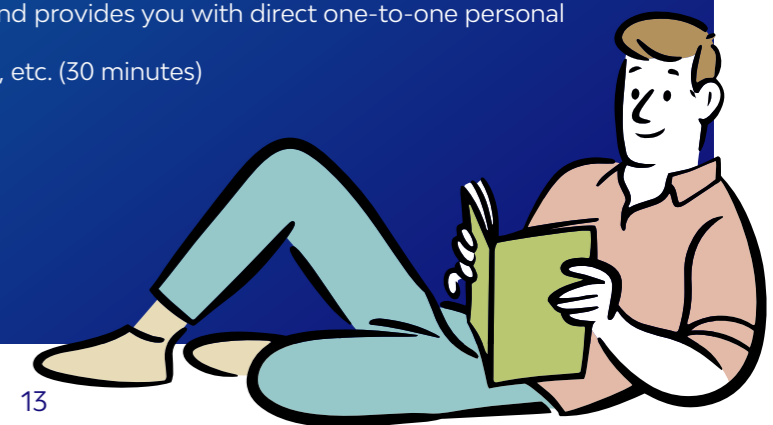
Note that:

- This example does not facilitate any administrative tasks you may need to get done that can only happen during business hours.
- You will generally need to purchase a minimum call out of two hours, which means a busy, action-packed two hours followed by a very quiet four-hour period until afternoon support arrives.
- The strict timeframe of support does not allow for any flexibility, or a responsive support.
- As an alternative, you can use the cooperative to join forces with two other members of the cooperative who have the same funding, providing everyone with a collective six hours of coverage.

This means that your morning support is not time-driven, but can be flexible depending on your needs - there is no need to cram all the support into two hours.

In this arrangement, your morning support could look like this:

- 6:00am the support worker arrives to wake you with a cup of tea in bed (15 minutes)
- 6:15am the support worker goes away to assist others in the cooperative
- 7:00am the support worker returns and provides you with direct one-to-one personal support, i.e. having a shower, etc. (30 minutes)



- 7:30am the support worker leaves
- 8:00am the support worker prepares your breakfast and puts load of laundry on. (20 minutes)
- 8:20am the support worker leaves
- 9:00am the support worker returns to provide domestic help (20 minutes)
- 9:20am the support worker leaves
- 10:00am the support worker returns to provide further domestic and administration assistance (20 minutes)
- 10:20am the support worker leaves
- 11:00 am the support worker returns to prepare morning tea and provide other assistance (15 minutes)

The support worker is now on site until 12noon – so is available in an emergency.

Here we have a shared window of support that three people have access to from 6:00am, to 12noon, but have individually only contributed to two hours of funding.

With shared windows of support, you still get your two hours of one-to-one support, but it is provided over a longer timeframe. Having these same activities take place over a longer period of time, not back to back, means you can move at your own pace, with less rush.

Also, each day doesn't have to be scheduled alike and can be based on discussions and flexibility. For example, some days you may want to sleep in and have a late breakfast.

When all cooperative members use the same on-site support, everyone has 'swings and roundabouts' flexibility. In effect, the fee paid may not be for a time-based support, but rather outcome-based support. All the items that make up the outcome are part of the agreed service arrangement.

If you are not happy with the way your outcomes are delivered, you and other members of the cooperative can give the provider feedback on how to improve their service and ultimately, if necessary, elect to recruit a new on-site support provider.

b) Sharing interruptible supports in the unlikely event of an emergency

You may choose which of your supports are interruptible, which means they can be delivered more flexibly during the day.



Your interruptible supports can be put into a pool of hours, so in the unlikely event of an emergency arising during your interruptible support time, the support worker can leave you to attend to another person. The number of members who share this interruptible support pool can be greater than three.

For obvious reasons, this cannot happen during your uninterruptable support provision time. Supports from the on-site support provider could include:

- Help to manage your home
- Help to build your independence
- Building and maintaining connections with others
- assistance responding to emails
- laundry and other household duties
- cleaning
- meal preparation
- compiling a shopping list
- booking a doctor's appointment
- planning an outing

c) Affording overnight support

Many people want the safety net of an on-site support provider who is on call overnight. The NDIS will fund participants for a functional need. This basically means that you are unlikely to be funded for a whole 8-hour shift if you only need one hour of intermittent overnight support.

For example, at 11:00pm, you may need 30 minutes of support to administer medication and put on a sleep apnoea mask. At 3:00am, you may need a 30-minute wellbeing check, which includes repositioning your mask if necessary.

The issue is finding a support worker willing to provide these services, for the one hour window you are funded for, at the time you are requiring support. However, with a shared window of support, having an on-site support provider on call overnight can be a reality. Members of the cooperative can share the cost of an agreed window of support – i.e. pay for the support worker's overnight shift.

So basically, as a member of the cooperative, your one hour of overnight support funding could buy you access to 10 hours of overnight on-site monitoring.

3) Off-site or additional resource sharing opportunities

Community Cooperative members may elect to expand the way in which they use the cooperative – it might be for bulk food purchases, or to share a cab, to share a staff member to support a social activity, it may be for community connection activities.

For example, the cooperative may want to look at ways to get residents involved in social activities like yoga, or a block Christmas party.



Is a Community Cooperative right for you?

Enliven Housing Community Cooperatives provide an opportunity for connection and collaboration, independence, and inclusion. But most importantly, like all cooperatives, they are an opportunity for like-minded people to come together for the benefit of everybody.

In the past, when a person with disability moved into care (i.e. a group home) the person, their family and supporters lost a lot of power - they relinquished much of their decision making to the support provider.

These models did not allow for individual choice and control. They favoured collective decision making for the good of the group, and the decision maker was always the support provider - they were the only people in charge!

Our Community Cooperatives are not one-size-fits-all and are shaped by the people who live there, reflecting their interests, needs and wants.

Most importantly, each cooperative provides support that empowers people, by putting the participants at the centre of making decisions.

Enliven Housing supports the cooperative by providing administrative support and group facilitation. We will support you to make informed decisions and provide information and assistance to explore and consider the options of both the group and the individuals.

Before you commit to being part of an Enliven Housing Community Cooperative, you should consider that using a support through a cooperative may not provide the same privacy and personal autonomy as some other models of housing and support. This is because it can involve living quite closely together with other members, who actively participate in the management and running of the cooperative as a whole.

While living in an Enliven Housing Community, you would be expected to be able and willing to:

- Get along well with different types of people living closely together

- Truly listen to and respect the opinions, needs and wishes of all members
- Participate actively and respectfully in the collective decision-making processes
- Live according to the rules decided collectively by all members
- Live according to the principles of cooperation

You should also remember that an Enliven Housing Community Cooperative IS NOT:

- A group home - it is not shared housing
- A traditional support model like SIL - it is not a closed system home and you can change the on-site support provider without having to change accommodation
- A set and forget model - it requires you to be in control and actively make decisions
- A silo funding plan where the funding only looks at your support - it includes SDA, assistive technology, capacity building and informal support networks
- Your support providers' workplace - this is your home and your support staff 'drop in' as required and arranged by you
- A facility, disability housing, or any other type of institution - it is your home

Please note that Enliven Housing does not provide support coordination, ILO planning or support provision. What we do is select the inaugural support provider and work closely with them before you move in and after.

This enables us to support a smoother move for you, into your new home. We provide initial advice to help you plan your supports within the cooperative model.

The next decision on the support provider is at the hands of the cooperative.

Community Cooperative Living is a great way to get the most from your NDIS Core Support budget because you have the opportunity to optimise shared support with other members of the Cooperative; who are like minded people, who live close by.

So if you think an Enliven Housing Apartment with our unique Community Cooperative is right for you - call us on 1300 ENLIVEN



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Enquiries 1300 ENLIVEN
enlivenhousing.com.au